



Dr. Bryant A. Toth

“The Germans can’t duplicate what the Swedes and STILLE do. Simply the best scissors I’ve ever used.”

Bryant A. Toth, MD, FACS
Plastic Surgeon
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Surgical perfection at its best

Talking instruments and plastic surgery procedures with Dr. Bryant A. Toth, one of the most distinguished plastic surgeons in the world, as well as a true STILLE Ambassador.

Dr. Bryant A. Toth is an internationally renowned and respected cosmetic surgeon who resides and practices in San Francisco. In this interview Dr. Toth talks about his experiences with the STILLE instruments that he uses as part of his practice.

What do you appreciate the most about the STILLE Instrument?

The quality, they’re simply the best scissors I’ve ever used. And I tell all the fellows and residents that train with me that you can supplement the rest of your instrumentation with less expensive things but never cut short the money you spend on scissors. There is simply not another set of scissors like the STILLE scissors. The Germans can’t duplicate what the Swedes and STILLE do.

What do you characterize being so specific with our scissors?

The SuperCuts work incredibly well. When they need sharpening I always send them back to STILLE. There was a time when I had them sharpened in San Francisco but I always think it’s better to go back to the mother ship. A good surgeon needs to work with good instrumentation. Many surgeons have the opportunity to buy their own instruments so why settle for second best? There is nothing worse than having a scissor that doesn’t perform the way you want it to, the outcome isn’t as good. I even buy the STILLE straights just to cut sutras because I’m tired of having the sutra gummed by a dull instrument.

When you’re operating the surgery nurse will typically give you Mayo scissors, doing a delicate procedure and I get this big ugly mayo scissor handed to me to clip that stitch, I instead use the straight Metzenbaum that’s just to cut and I make sure that I have it on all of my sets.

Any clinical advantages to the patient?

Surgeon comfort is always advantageous to the patient. It is akin to operating in a hot room where your gloves are too tight. Those outcomes are different, a real surgeon spends most of his time in the operating room and if the tissue falls away nicely it makes an incredible difference.

Is there a difference when you are doing cosmetic procedure or when you are working at Children’s Hospital?

I run the Craniofacial department at Children’s Hospital Oakland and the procedures are exactly the same. Say I am operating on a 4 month old child to repair a cleft lip. I use both the 5 ½ inch Stevens scissors and a tiny little iris scissor and together they work extremely well. In my opinion the best cosmetic surgeon is one that still does reconstructive surgery because those can be the very challenging cases, not that the aesthetic issue isn’t challenging but that technically keeps you on your toes.

I can do a great face lift because I’ve done enough mid face advancements on children, and I know all the implications of what happens to the soft tissue when the bone gets changed. This allows me to avoid complications in aesthetic surgery because of my experience in reconstruction.

About Dr. Toth

Dr. Toth is an internationally renowned and respected cosmetic surgeon who resides and practices in San Francisco, California. He received his medical degree from Brown University followed by general and plastic surgical training at the Massachusetts General Hospital, the primary teaching hospital of Harvard Medical School. At the completion of his surgical training, Dr. Toth was awarded the prestigious Kazanjian Fellowship from Harvard, allowing him to pursue an additional year of cosmetic and craniofacial surgical training in Paris, France. He has been certified by both the American Board of Surgery and the American Board of Plastic Surgery.

Dr. Toth has practiced plastic surgery in the same location in San Francisco since his return from Paris 27 years ago. He is currently a full Clinical Professor of Plastic Surgery at the University of California, San Francisco, and is the Co-Director of the Craniofacial Clinic at Children’s Hospital Oakland. In addition to surgery, Dr. Toth has published over 70 journal articles, 14 book chapters, and six instructional videotapes and is the co-editor of three textbooks on plastic surgery.

He is currently on the Editorial Board of Aesthetic Plastic Surgery, the international journal of cosmetic surgery. Dr. Toth has been invited to demonstrate new techniques in cosmetic surgery by lecturing and performing live surgery in a variety of global venues. He continues to be named one of the top cosmetic surgeons in San Francisco and the U.S. by Castle-Connolly, San Francisco Magazine, and others.

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www.stille.se/ambassadors



Surgical perfection. For life.

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